

1) DESCRIPTION OF THE TOOL

Motivational Game: "Goals Bingo" is designed to divide big goals into small goals and to achieve big ones with small steps. The game can be used for individual motivation and group motivation

2) OBJECTIVES OF THE TOOL

Objective: Reach the bingo line (horizontally, vertically or diagonally) or reach all tasks finished to receive a small reward or big. That depends on team or yourself-how you will grant yourself.

3) CONNECTION OF THE TOOL WITH THE SKILL

Breaking down big goals into smaller ones makes it much easier to move forward than doing everything at once. Small goals are easier to achieve and help to achieve the big goal more successfully. Perhaps the motivating element of the team is that small goals are accomplished by several employees - each one doing something separate, instead of one person doing everything. The most important thing is to do the tasks and the direction. Motivational Game: "Goals Bingo" is designed to divide big goals into small goals and to achieve big ones with small steps. The game can be used for individual motivation and group motivations forward.

4) **RESOURCE MATERIALS**

People or you. Paper or board with list of goals.

SKILL 2 – MOTIVATION_GOAL BINGO ERIA

5) HOW TO APPLY THE TOOL

1. Create a bingo card with different small goals you or your team want to achieve. When the goal is met, check the appropriate box.

EXMPLE:

Complete a 20-minute workout			Read a book on topic you research
		Search for partners	
	Make a poster for exhibition		
Find advertiser			Learn something newetc

- 2. You can set time limits for tasks if you need to
- 3. Set reward for completing game
- 4. Complete one small task from the list-cross it
- 5. Do tasks in line or diagonal
- 6. When task is reached reward yourself

6) WHAT TO LEARN

Placing the target bingo in a visible place will provide additional motivation to complete the tasks in a timely manner. Seeing your progress and feeling motivated to keep going because you can see how much has already been done.



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