BOOST
TRAIN & RETAIN

SKILL – GOAL BINGO

ERIA_LV

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1) DESCRIPTION OF THE TOOL

Motivational Game: "Goals Bingo" is designed to divide big goals into small goals and to achieve big ones with small steps. The game can be used for individual motivation and group motivation

2) OBJECTIVES OF THE TOOL

Objective: **Reach the bingo line** (horizontally, vertically or diagonally) or reach all tasks finished to receive a small reward or big.

That depends on team or yourself-how you will grant yourself.

3) CONNECTION OF THE TOOL WITH THE SKILL

Breaking down big goals into smaller ones makes it much easier to move forward than doing everything at once. **Small goals are easier to achieve and help to achieve the big goal more successfully.** Perhaps the motivating element of the team is that small goals are accomplished by several employees - each one doing something separate, instead of one person doing everything. The most important thing is to do the tasks and the direction.

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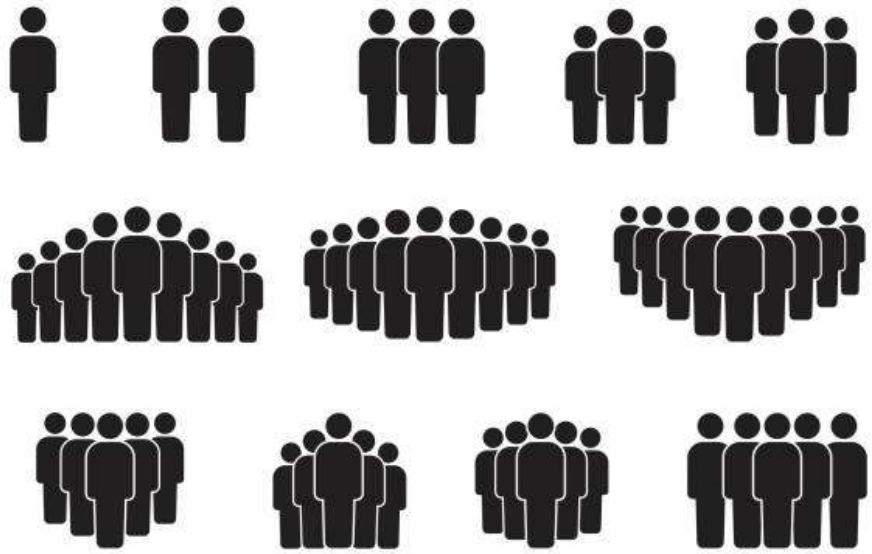
4) RESOURCE MATERIALS



- People or you.
- Paper or board with list of goals.

5) HOW TO APPLY THE TOOL:

- Create a bingo card with different small goals you or your team want to achieve.
- When the goal is met, check the appropriate box.
- You can set time limits for tasks if you need to,
- Set reward for completing game,
- Complete one small task from the list-cross it,
- Do tasks in line or diagonal, OR ALL,
- When task is reached reward group or yourself.

6) WHAT TO LEARN?

Placing the target bingo in a visible place will provide **additional motivation** to complete the tasks in a timely manner.

Seeing your progress and **feeling motivated** to **keep going** because you can see how much has already been done.

If it done in a group-it can boost group motivation, team building, team spirit.

TASK EXAMPLE AT WORK:

B I N G O

Applied to Over 25 Jobs on Scope	Visited One of the Three Co-op Offices	Attended an Interview!	Followed the Science Co-op Instagram Account	Attended a Workshop
Worked Somewhere with an Office Pet	Treated Myself After an Exam	Submitted All Work Term Documents Before Deadline	Entered One of the Science Co-op Contests	Met My Remote Co-workers IRL
Binged NETFLIX	Read the Science Co-op Terms & Conditions	Science Co-op	Made Friends with Co-workers	Exercised for Self Care
Joined a Zoom Meeting	Read One of the Co-op Chronicles	Visited the Science Co-op Booth at Imagine Day	Learned a New Skill on a Work Term	Followed the Science Co-op LinkedIn Account
Nominating a Super Supervisor	Booked One of Our Rooms for an Interview	Completed a Work Term	Caught Up on Sleep	Treated Myself to a Little "Fun Reading"

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