

## **Newsletter IV**

## LTTA in Larissa



## A TRANSFORMATIVE EXPERIENCE IN LARISSA, GREECE

Hello everyone!

It's a pleasure and an honor to share with you the incredible experience we had during our recent Training Week in Larissa, Greece, as part of our "Boost Train and Retain" project. This week not only allowed us to deepen our understanding of fundamental skills for the modern workplace but also left us inspired with a renewed vision of the impact we can have on workers' lives.

"Boost Train and Retain" has exceeded our expectations in terms of its reach and impact. The genuine interest it has generated, especially among HR trainers, is a testament to the relevance and necessity of focusing on soft skills in today's companies. During our stay in Larissa, we concentrated on key skills such as time management, decision-making, and task prioritization.

Soft skills, often underestimated, are the backbone of an effective and harmonious work environment. It's not just about being more efficient in our daily tasks, but about growing as individuals.



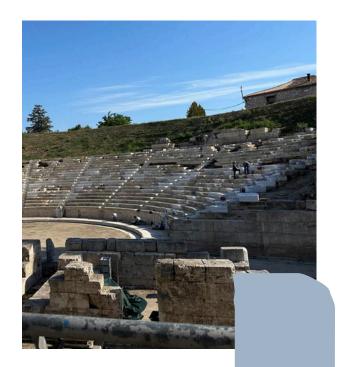
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The ability to manage our time not only improves our productivity but also allows us to balance our personal and professional lives. Making informed decisions and prioritizing appropriately helps us face challenges with confidence and clarity, which in turn reduces stress and increases job satisfaction.

Our Training Week in Larissa was the perfect blend of professionalism and camaraderie. We met to organize and structure our approach, ensuring that every aspect of the training was aligned with our impact goals. The training session was a true success, with





active participation that brought the content to life. Attendees not only learned new techniques and methods but were also able to apply them in real-time through dynamic and collaborative activities.

But our experience in Larissa was not all work. Thanks to our Greek hosts, Innovation Hive, we enjoyed the rich culture and hospitality of Greece.



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We shared a traditional dinner that not only delighted our palates but also strengthened the bonds between partners. We explored the city, its museums, and its history, which added a cultural and personal enjoyment dimension to our visit.

Reflecting on this week, we realize how fortunate we are to work on a project that not only has the potential to transform organizations but also individual lives. The knowledge and experiences shared were not just confined to the professional realm; they were taken home, influencing how we manage our daily lives, our relationships, and our personal growth.

The success of this week has propelled us forward with renewed enthusiasm and commitment.



Thank you to everyone who participated and contributed to making this Training Week a memorable and transformative experience. We move forward with the certainty that we are on the right path, impacting lives and building a better future, one worker at a time.

With excitement and gratitude,

The Boost Train and Retain Team

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