







1) Aim – The aim of this topic is to support workers but also people from a wide range of companies and institutions to be aware of the major importance that personal accountability has both personally and professionally. Personal accountability involves taking responsibility for one's actions, decisions and results.

2. Objectives

- a) To understand the concept of personal accountability and its usefulness in today's workplace
- b) To learn how to develop positive relationships and contribute meaningfully to your communities and workplaces
- c) To build healthy relationships based on personal accountability

3) Content

- (Updated) definition of personal accountability : Learn to effectively define the personal accountability
- Three key sub-areas of personal accountability: Distinguish three sub-areas of personal accountability development
- Personal accountability in work environment (nowadays): Familiarize with methods of personal accountability









What is personal accountability in today's work environment and society?

Personal responsibility is essential to personal and professional success. It involves taking responsibility for one's actions, decisions and results. When people take personal responsibility, they are more likely to achieve their goals, develop positive relationships, and make meaningful contributions to their communities and workplaces.



Motivating factors of personal-accountability

Trust and

reliability

Autonomy and initiative Personal and professional development

Taking actions



Key sub-area 1 of personal accountability

Career and Workplace Responsibility

This sub-area involves taking responsibility for assigned tasks and projects as well as career development.

Workers who take responsibility in this area complete their tasks on time and to the required standards, and own mistakes and try to correct them.





Key sub-area 2 of personal-accountability

Social and Community Responsibility

In this area, personal responsibility refers to the contribution to the community and society as a whole. This may include participation in community activities and volunteering, compliance with laws and company rules.





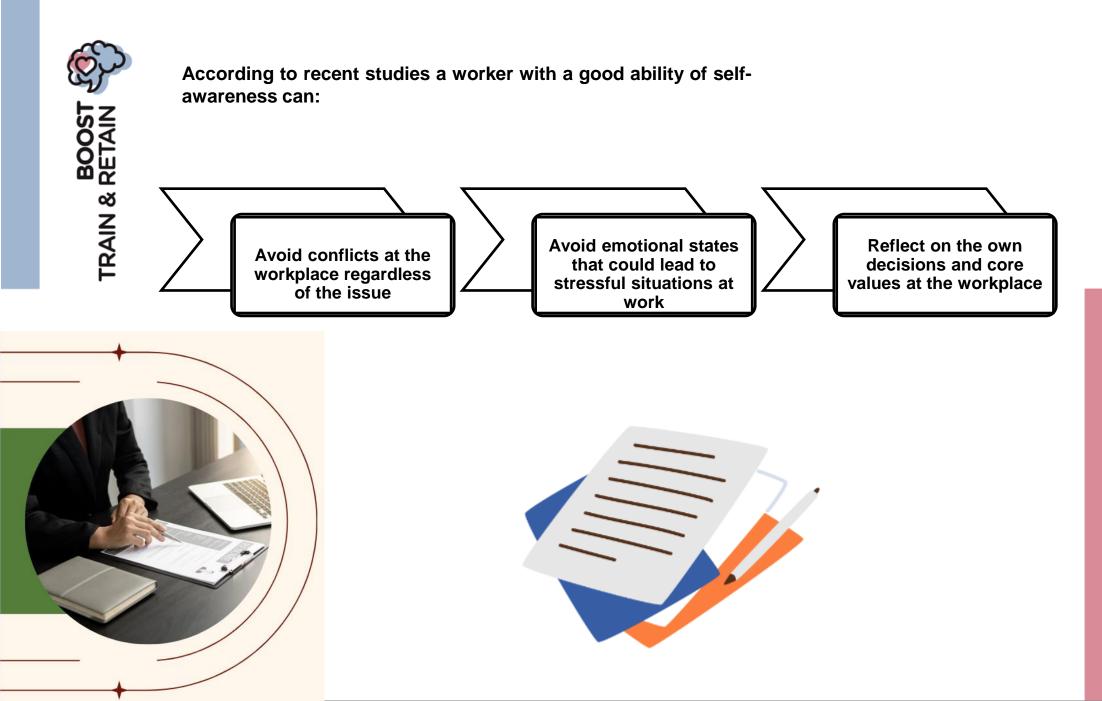
Key sub-area 3 of personal-accountability

Responsibility for Personal Health and Welfare

This area focuses on self-care and taking responsibility for your own health. Here, accountability can include stress management and mental health.









Remember

Personal accountability:

Personal accountability, when addressed in all these areas, leads to a more balanced life and stronger relationships, while providing a solid foundation for personal and professional success.





The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

