

# SKILL - CRITICAL THINKING (CPIP)



## 1) DESCRIPTION OF THE TOOL

This tool is for learning with support from professionals/trainers and helps you think critically using visual memory. It also shows you how to make full use of your critical thinking when it comes to real-world situations. Being a critical thinker facilitates positive interaction at the workplace and facilitates self-knowledge of one's own capacity.

**Name of the tool:** Critical thinking between 10 objects and 1 memory

**Time:** 20 minutes

**Environment settings:** Indoor

## 2) OBJECTIVES OF THE TOOL

- ✚ Making full use of memory during the critical thinking process
- ✚ Creating a critical thinking information report
- ✚ Developing self-awareness and practicing critical thinking skills

## 3) CONNECTION OF THE TOOL WITH THE SKILL

This tool is fully connected with the critical thinking skill because it helps you use memory and thinking ability to indicate your current level of critical thinking. It helps you understand where you need support and demonstrates if you are a good critical thinker.

## 4) RESOURCE MATERIALS

The following resources materials are needed to successfully practice this tool:

- ✓ 10 different objects (it doesn't matter what kind of objects)
- ✓ Table
- ✓ Paper sheet with the critical thinking information report

## 5) HOW TO APPLY THE TOOL

# SKILL - CRITICAL THINKING (CPIP)

**Step 1:** The facilitator puts 10 different objects on a table and gives a minute to memorise them.

**Step 2:** The facilitator covers the objects; have you spin in a circle for 10 seconds then 'STOP' and asks you to write down on a sheet of paper as many objects as you can remember.

**Step 3:** Then the facilitator collects the sheet of paper and asks you to spin again for 15 seconds this time. He/she asks you to write down the list again. Depending on the difference between the first list of memorised objects and the second list, the facilitator can suggest other training activities to help you or share new information with you in the form of tips.

**Step 4:** The facilitator concludes the activity by asking to complete a 'critical thinking information report' at the end.

## Critical thinking information report

### Fun fact and usefulness of the tool



### Benefits for yourself



## 6) WHAT TO LEARN

- Learn how to make full use of your memory during the critical thinking process.
- Learn how your memory helps you apply your critical thinking skills.
- Learn how to improve your critical thinking skills through practical activities.



Co-funded by  
the European Union